



HELPING SENIORS IN NEED

We are committed to making sure you have access to the essential services that you need. We are here to help you.

- MEALS ON WHEELS
- GROCERY DELIVERY
- PRESCRIPTION PICK UP
- MEDICATION ASSISTANCE & REMINDERS
- SEASONAL AND HOME MAINTENANCE

- RIDES TO NECESSARY MEDICAL APPOINTMENTS
- PERSONAL CARE VISITS
- CASE MANAGEMENT/ SOCIAL WORK
- WELLNESS CHECKS
- RESOURCE NAVIGATION
- VACCINE SUPPORT

CALL OUR HOTLINE AT: 416-447-5200















